

Date: _____

Trans Male Fertility Questionnaire

Identifying Information

Legal Name: _____ Date of Birth: _____
Preferred Name: _____
Legal Gender: _____
Age: _____
Address: _____ Phone (Home): _____
_____ Phone (Mobile): _____
Race: _____ Ethnic Background: _____
Employer: _____
Occupation: _____ Hours Worked: _____
Extensive Travel: Y / N
Referring Physician _____

Are you using your eggs? Y / N
Are you using your uterus? Y / N
Are you using your partners sperm or eggs? Y / N

Gender Identity _____
Sex assigned at birth _____
Identifying pronoun preferred _____

Chief Medical Problem

Describe the reason for your visit: _____

Medical History

Weight: _____ Height: _____ Blood Group and RH: _____

Do you follow a particular diet or have any special dietary habit: Y/N

If yes, explain: _____

Do you exercise on a regular basis? Y/N

If yes, detail frequency and form of exercise: _____

Nicotine Usage: Y / N

If no, have you smoked previously? _____

If yes, for how long/Cigarettes per day: _____

Caffeine Usage: Y / N

If yes, Cups per Day: _____

Alcohol Usage: Y / N

Average Weekly Consumption: _____

Recreational Drug Usage: Y / N

If yes, specify: _____

Allergies (Please List): _____
Current Prescription Medication: _____

Have you used hormones for gender identity purposes? Y / N

If so, which type: _____

Current Over-The-Counter Medication: _____

Current Herbal Supplements/Medication: _____

Do you have or have you ever had: (Check all that apply)

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Psychiatric Disorder | <input type="checkbox"/> Tubal Infection |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Syphilis | <input type="checkbox"/> Cystitis |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Tumor |
| <input type="checkbox"/> Prolonged Fever | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Chlamydia | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Congenital disease | <input type="checkbox"/> Breast Lump | <input type="checkbox"/> Inguinal Hernia | |

If yes to any, or to add something that was not listed, please explain: _____

Surgical History

What previous surgeries or biopsies have you had performed?

- | | |
|--|--|
| <input type="checkbox"/> Laparoscopy | <input type="checkbox"/> Top Surgery |
| <input type="checkbox"/> Hysteroscopy | <input type="checkbox"/> Bottom Surgery |
| <input type="checkbox"/> Abdominal Surgery | <input type="checkbox"/> Removal of Ovaries |
| <input type="checkbox"/> Myomectomy | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> Pelvic Surgery | <input type="checkbox"/> Gender Confirming Surgery |

If you checked yes to any of the procedures, or if you have had other procedures or biopsies performed that are not listed, please elaborate: _____

Menstrual and Pregnancy History

Age at first menstruation: _____ Comments: _____

Age first noted breast development: _____ Comments: _____

Age first noted pubic hair: _____ Comments: _____

Age first noted axillary hair: _____ Comments: _____

Menstrual Cycles:

Do you still have menstrual cycles? Y / N

Pregnancy History:

Have you ever been pregnant: Y / N (If yes, see below)

Were there any complications during or after your pregnancies? Y / N

If yes, explain: _____

	Year	Abortion?	Miscarriage?	Ectopic?	Treatment Required?	How long to Conceive?	Live Birth?	Current Partner Father?
1 st Pregnancy								
2 nd Pregnancy								
3 rd Pregnancy								

Sexual and Contraceptive History

What form of contraception do you use, or have you used in the past?

- Oral Contraceptive, Name: _____
- IUD, Name: _____
- Diaphragm
- Depo-Provera
- Withdrawal
- Condoms
- Tubal Ligation

For each contraceptive method, please specify duration of use:

Please list any questions, concerns, or comments you have, if any.

Sexual History:

Frequency per month: _____

Pain or Discomfort? _____

Difficulties: _____

Marital History:

Number of years: _____

Number of children: _____

Infertility? _____

Date of marriage: _____

Number of adopted children: _____

If yes, for how long: _____

Family History

Have there been any of the following diseases in your family?

- | | | |
|--|--|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Recurrent miscarriage | <input type="checkbox"/> Thyroid disorders |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Children born with malformations | <input type="checkbox"/> Spina bifida |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Other congenital abnormalities | <input type="checkbox"/> Muscular dystrophy |
| <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Schizophrenia or depressive psychosis | <input type="checkbox"/> Cleft lip or palate |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Developmental delays | <input type="checkbox"/> Limb deformities |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Bleeding disorders | <input type="checkbox"/> Blindness |
| <input type="checkbox"/> Breast/Ovarian Cancer | <input type="checkbox"/> Deep Vein Thrombosis | <input type="checkbox"/> Deafness |
| <input type="checkbox"/> Cystic Fibrosis | <input type="checkbox"/> Pulmonary Embolism | <input type="checkbox"/> Menstrual problems |
| <input type="checkbox"/> Sickle Cell Disease | | <input type="checkbox"/> Infertility |
| <input type="checkbox"/> Early deaths | | <input type="checkbox"/> Fragile X |
| <input type="checkbox"/> Abnormal genitalia | | |

If the answer to any of the above is yes, please elaborate: _____

Fertility Treatment History

Have you had any previous fertility treatment? Y / N

If yes, who was your physician? _____

Was a specific diagnosis identified? _____

Have you cryopreserved (frozen) your oocytes? Y / N

What medications, if any, have you taken for treatment? Check all that apply:

- | | |
|--|---|
| <input type="checkbox"/> Clomiphene citrate (Clomid) | <input type="checkbox"/> hMG (Menopur) |
| <input type="checkbox"/> Letrozole | <input type="checkbox"/> Prednisone |
| <input type="checkbox"/> FSH (Follistim, Gonal F) | <input type="checkbox"/> Estrogen |
| <input type="checkbox"/> HCG (Pregnyl, Novarel, Ovidrel) | <input type="checkbox"/> Lupron |
| <input type="checkbox"/> Progesterone | <input type="checkbox"/> Metformin |
| <input type="checkbox"/> Antibiotics | <input type="checkbox"/> Other: specify _____ |
| <input type="checkbox"/> Ganirelix/Cetrotide | |

Which of the following tests or procedures have you had performed? Check all that apply:

- | | | |
|--|-------------|----------------|
| <input type="checkbox"/> Hormone tests | When: _____ | Results: _____ |
| <input type="checkbox"/> Endometrial Biopsy | When: _____ | Results: _____ |
| <input type="checkbox"/> Hysterosalpingogram (HSG) | When: _____ | Results: _____ |
| <input type="checkbox"/> Ultrasound/Sonogram | When: _____ | Results: _____ |
| <input type="checkbox"/> Intrauterine Insemination (IUI) | When: _____ | Results: _____ |
| <input type="checkbox"/> In Vitro Fertilization (IVF) | When: _____ | Results: _____ |

Anything else you wish to share that we have not yet asked: _____
